

Bostwick Children's Center Menu: September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	September 2	September 3	September 4	September 5	September 6
AM Snack	CKC CLOSED	Cereal, Milk, and Fruit	Bagels, Cream Cheese, and Cucumbers	Zucchini Bread, Fruit and Milk	Cheese Sticks, Fruit and Crackers
PM Snack	CKC CLOSED	Hummus, Crackers, and Veggies	Quinoa, Black Beans, Pineapples	Quesadillas, and Veggies	Chicken Salad, Toast and Veggies
Week 2	September 9	September 10	September 11	September 12	September 13
AM Snack	Cheese and Egg Muffins, Fruit and Milk	Waffles, Syrup, Fruit and Milk	Smoothies and Belvita Crackers	Graham Crackers, Applesauce, and Milk	Yogurt, Granola, and Peaches
PM Snack	Bean and Cheese Burritos and Veggies	Sun Butter and Jelly Sandwiches and Veggies	Meatballs, WW Rounds, and Veggies	Cheese Tortellini's Marinara and Veggies	Turkey and Cheese Sandwiches and Veggies
Week 3	September 16	September 17	September 18	September 19	September 20
AM Snack	Apples with Sun butter and Crackers	Rice Rolls, Sun Butter, Raisins, and Milk	Scramble Eggs, Whole Wheat Toast, and Fruit	Bagels, Cream Cheese, and Cucumbers	Applesauce Bread, Fruit and Milk
PM Snack	English Muffin Pizza and Veggies	Homemade Trail mix, Veggies and Cheese Sticks	Chicken Nuggets and Veggies	Quinoa, Black Beans, Pineapples	Quesadillas, and Veggies
Week 4	September 23	September 24	September 25	September 26	September 27
AM Snack	Cheese Sticks, Fruit and Crackers	Cheese and Egg Muffins, Fruit and Milk	Waffles, Syrup, Fruit and Milk	Smoothies and Belvita Crackers	Graham Crackers, Applesauce, and Milk
PM Snack	Chicken Salad, Toast and Veggies	Bean and Cheese Burritos and Veggies	Sun Butter and Jelly Sandwiches and Veggies	Meatballs, WW Rounds, and Veggies	Cheese Tortellini's Marinara and Veggies
Week 5	September 30				
AM Snack	Yogurt, Granola, and Peaches				
PM Snack	Turkey and Cheese Sandwiches and Veggies				