

# CKC Main Street Menu for March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Berry smoothies with spinach, berries & graham crackers	3 Turkey & cheese sandwiches with nectarines	4 Tortilla chips with black beans, corn, cheese and salsa	5 Wheat thin with turkey and cheese	6 <i>Minimum Day</i> Whole wheat pasta with pesto & mixed vegetables	7
8 <b>Daylight Savings</b>	9 English muffins with cream cheese and strawberry jam	10 Oatmeal and agave with apples and bananas	11 Grilled Cheese and sliced oranges	12 Pancakes with berries and yogurt	13 <i>Minimum Day</i> Bagels with cream cheese & turkey	14
15	16 Popcorn, pretzel mix with string cheese and pears	17 Quesadillas with pinto beans and salsa	18 Cheerios with milk and peaches	19 Chicken salad with oranges and pretzel chips	20 <i>Minimum Day</i> Brown rice with pot stickers, and mixed vegetables	21
22	23 Hummus, edamame, celery, carrots, cucumbers and pita chips	24 <b>Register for CKC</b> Applesauce, graham crackers and string cheese	25 <b>Register for CKC</b> English muffin pizzas with pineapple	26 Turkey with goldfish and string cheese	27 <i>Minimum Day</i> Whole wheat pasta with meat balls marinara sauce & mixed vegetables	28
29	30 Chili with whole wheat bread & corn	31 Rice with pot stickers, soy sauce & mandarin oranges				

\*\*\*Snack menu subject to change depending on availability, substitutions will be made within the ingredients listed on this menu.

\*\*\* Fresh fruit to include one or more of the following: apples, oranges, bananas, melon, cuties, grapes, berries, pears, and kiwis.