

Santa Cruz Gardens Children's Center  
December 2018

	Monday 11/26	Tuesday 11/27	Wednesday 11/28	Thursday 11/29	Friday 11/30
<b>am snack</b>	Cereal, fruit and milk	Hard boiled eggs, toast and fruit	Home made pumpkin bread, fruit and milk	Bagels, fruit and cream cheese	Oatmeal, raisins and milk
<b>lunch</b>	Yogurt, waffles, veggies, fruit and milk	Chicken salad, bagel rounds, veggies, fruit and milk	Slice turkey & sliced cheese, hawaiian rolls, veggies, fruit and milk	Quesadillas, veggies, fruit and milk	Sunflower butter/ fruit spread sandwiches whole wheat bread, veggies, fruit and milk
<b>pm snack</b>	Wheat thins, hummus and veggies	Fig bars, fruit and milk	Rice cakes, sunflower butter and raisins	Yogurt- fruit smoothies and graham crackers	Homemade trail mix, milk and fruit
	Monday 12/3	Tuesday 12/4	Wednesday 12/5	Thursday 12/6	Friday 12/7
<b>am snack</b>	Bagels, cream cheese & fruit	Graham crackers, sun flower butter & fruit	Cereal, fruit & milk	Homemade applesauce bread, fruit & milk	Fruit/yogurt smoothies & Belvitas
<b>lunch</b>	Brown rice, edamame, baked tofu veggies, fruit & milk	Tuna salad, whole grain crackers, veggies, fruit & milk	Pasta with meat sauce, parmesan cheese, veggies, fruit & milk	Veggie baked beans, whole wheat rolls, veggies, shredded cheese, fruit, & milk	Chicken nuggets, quinoa, veggies, fruit & milk
<b>pm snack</b>	Whole grain crackers, sliced cheese & fruit	Fruit/yogurt smoothies & graham crackers	Hummus, pita bread triangles & veggies	Fig bars, fruit & milk	String cheese, veggies & wheat thins
	Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
<b>am snack</b>	Waffles, homemade whole berry sauce, & milk	Toasted english muffins , applesauce& milk	Rice cakes, sunflower butter & milk	Oatmeal, craisins & milk	Belvitas, sun flower butter, fruit & milk
<b>lunch</b>	Scrambled eggs, toasted english muffins, cheese, veggies, fruit & milk	Cheese pizza on pita bread, veggies, fruit & milk	Sliced turkey, sliced cheese, whole wheat bread, veggie, fruit & milk	Baked tofu, veggies, brown rice, fruit & milk	Home made Mac & Cheese veggies, fruit & milk
<b>pm snack</b>	Goldfish crackers, craisins & milk	Wheat thins, hummus & veggies	Veggie straws, string cheese & fruit	Rice cakes, sunflower butter & raisins	Home made trail mix string cheese & fruit
	Monday 12/17	Tuesday 12/18	Wednesday 12/19	Thursday 12/20	Friday 12/21
<b>am snack</b>	Hard boiled eggs, toast & fruit	Cereal, fruit & milk	Homemade applesauce bread, fruit & milk	Toasted english muffins, sunflower butter & fruit	Yogurt, home made granola and fruit
<b>lunch</b>	Hummus, cheese, whole grain crackers, veggies, fruit & milk	Chicken nuggets, quinoa, veggies, fruit & milk	Bean & cheese burritos in flour tortillas, veggies, fruit and milk	Quesadillas, veggies, fruit and milk	Sunflower butter, fruit spread, whole wheat bread, veggie, fruit & milk
<b>pm snack</b>	Sun flower butter, graham crackers & fruit	Rice cakes, sun flower butter & fruit	Fig bars, fruit & milk	Whole grain crackers, hummus & veggies	Goldfish crackers, craisins & milk

CKC Santa Cruz Gardens Children's will be closed Dec. 24th- 28th & Jan. 1st.

If menu changes it will be posted on the white boards and  
posted menus

**PSCG is NUT FREE**