

December 2018 ~ SOQUEL Snack Menu

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Whole grain cheerios with milk and fruit	Yogurt with mixed berries, graham crackers, and honey	Hummus with pita chips and carrots	Apples, string cheese, and pretzels	Veggie Chili with tortilla chips, shredded cheese, and carrots
10	11	12	13	14
Berry smoothies with granola bars	Bean and cheese burritos with salsa	Turkey with crackers, cheese, and fruit	Grilled cheese with oranges	Whole wheat bread with sunflower butter and apples
	18	19	20	21
Salami with crackers, sliced cheese, and carrots	Apple sauce with graham crackers and string cheese	Pancakes with mixed berries and maple syrup	Chicken salad with crackers and pickles	School Closed CKC Full Day @ SOQ
CKC CLOSED 24	CKC CLOSED 25	CKC CLOSED 26	CKC CLOSED 27	CKC CLOSED 28
***** W I N T E R B R E A K *****				
17	January 1	2	3	4
CKC CLOSED	CKC CLOSED	***CKC WINTER CAMP @ SOQUEL***		

Menus subject to change—Please check on-site menu for changes