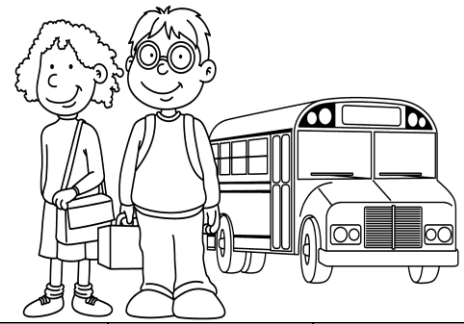


WESTLAKE SNACK: AUGUST/SEPTEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			21 Cheese Quesadillas, Salsa, & Black Beans	22 Vanilla Yogurt, Agave, & Frozen Berries	23 Salami, Cheese Sticks, Crackers, & Fresh Fruit	24
25	26 Whole Grain Cereal, Milk, & Bananas	27 Turkey, Hummus, String Cheese, & Bell Peppers	28 Organic Pasta w/ Red Sauce, Parmesan Cheese, & Carrots	29 English Muffin Pizzas & Fresh Fruit	30 Waffles, Agave, & Fresh Fruit	31
SEPTEMBER 1	2 CKC CLOSED FOR LABOR DAY	3 Raisin Bread, Cream Cheese, Jam, & Fresh Fruit	4 Potstickers, Brown Rice, & Soy Sauce	5 Turkey & Cheese Roll ups, w/ Mayo, Mustard & Carrots	6 Turkey Hot Dogs & Buns w/ Apple Slices	7
8	9 Oatmeal w/ Agave & Berries	10 Veg. Refried Bean & Cheese Burritos w/ Chips and Salsa	11 Ritz Crackers, Ham, String Cheese, and Fresh Fruit	12 Mac & Cheese w/ Cucumbers	13 Brown Rice, Seaweed, Soy Sauce, and Edamame	14
15	16 Chicken Noodle Soup w/ Crackers	17 Pizza roll ups: Cheese, Red Sauce, Pepperoni, & Celery	18 Nachos w/ Shredded Cheese, Black Beans, Salsa, & Carrots	19 Bagels, Cream Cheese, Jam and Oranges	20 Chili w/ Shredded Cheese & Tortilla Chips	21
22	23 Graham Crackers, Applesauce, & String Cheese	24 Yogurt, w/ Granola, & Frozen Berries	25 Turkey & Cheese Sandwiches w/ Apple Slices	26 Organic Pasta w/ Parmesan Cheese & Cucumbers	27 Cheese Quesadillas w/ Black Beans & Salsa	28
29	30 WOW PB & Jelly Sandwiches w/ Fresh Fruit					

**Snack menu subject to change depending on availability, substitutions will be made within the ingredients listed on this menu.

** Fresh Fruit to include one or more of the following: apples, oranges, bananas, melon, cuties, grapes, berries, pears, kiwi